

Fishing

By Everglades Ernie

The 33rd Annual Palm Beach Boat Show opens today in West Palm Beach. Located along the beautiful waterfront on Flagler Drive the boat show stretches several blocks in and out of the water. With over a billion dollars worth of yachts, power boats, pleasure cruising boats, and fishing boats of all sizes to choose from, there is a vessel for every price range. Also on site is every marine accessory available, from new power plants, radios, security

alarms and home furnishing to remind you of your vessel.

Expect large crowds during Friday and Saturday, as the weather is expected to be "Chamber of Commerce" perfect with light winds, and a warm bright blue sky is expected. Wear a light hat and put on sunscreen, you are going to need it.

Since the ocean calmed down last weekend ocean fishing has been better than expected. Lots of fish species are biting from Ft Pierce south to Marathon Key.

Dolphin action is very good for anglers fishing with trolled baits from three to 15 miles offshore. Large surface lures are the best bait when you have a Spanish Mackerel or large bonito strip bait added to the lure. Set out three to four of these baits and you will be battling a big dolphin and since most dolphin travel in pairs, double hook-ups are common. You will enjoy the battle and banter as those not on a pole are going to be very jealous.

In close to shore dolphin are striking live baits and sometimes whole dead baits on the surface. The dolphin caught closer to shore are a smaller, less than 15-pounds.

The annual spring run of kingfish is here. King-

fish up to thirty-pounds have been caught this week with a lot weighing over 20-pounds. Live baits, whole sardines and bonito strip baits fished at various depths have netted anglers their daily limit of two kingfish. Some anglers have limited-out in under two hours, while others must wait a bit longer. It all depends on when the kingfish make it to your area.

If you plan on trolling for kingfish move much slower than you do while trolling for dolphin. Keep your bait in closer together for best results. Using any type of hookless artificial lures, so popular with kingfish anglers while trolling, is a good idea.

Wahoo are biting, but not in great numbers.

They are striking baits in the same zones as kingfish. They like deep trolled baits, but they will hit live baits and whole dead drifting sardines and mullet at the surface. You can tell the difference between a kingfish strike and a wahoo strike easily. If a wahoo has taken your bait, your reel will be losing line at a great rate. Tighten the drag and set up hard. Then hang on, the show is about to start.

All kinds of snapper are biting over the rock reefs. Use whole shrimp mixed with a little squid for best results.

In the Intracoastal Waterway, sand perch are biting around the Lake Worth Intracoastal fishing pier. Use whole live shrimp or cut shrimp. If you can bust up some of the barnacles on the upright supports of the pier, that will attract more sand perch to the area of your baits. Do not set up too hard on these fish. The mouth structure of these fish is very soft and easily torn through by a hook shank.

Freshwater anglers in the eastern lake and canal chain are experiencing lower water levels as the water managers are back pumping westward to keep that canal system full of water. The lower water levels of the eastern lake and canal chain means the fishing is better for anglers using live shiners.

Bass around three-pounds are common all over Lake Osborne, Lake Clarke, and Lake Ida. Best

baits are live shiners and large live night crawlers. Fish on the lake side of the weeds and the bass hiding in the weeds will come out and strike your bait.

Canal bass hunters will find the water levels of the major canals lower. Work large plastic worms and lizards along the shoreline for best catch results. Use artificial scent to help your catch total.

Catfish have been very active an hour before dusk and again very early in the morning. Use cut bait, like sardines or mullet, or other freshwater fish you might have. You can also score big catfish using artificial catfish baits you can buy at your local bait and tackle shop.

If you are taking your kids out to fish in one of the residential lakes cut up hot dogs on the hook and a big bobber at the surface. Once the catfish comes along and takes your hot dog bait the big bobber will help set the hook and the child holding the pole will start grinning ear-to-ear. You may need to help hold the pole for smaller kids, as eight to 10-pound catfish can put out a very strong tussle once hook.

There is lots to do this week, go to the boat show, take the spring school break family fishing on a charter or drift boat, or just take your kids fishing. The weather is great right now and for the next few days. It might rain, but who cares, that will pass by quickly too.

The Finnish People... Remembered!

By Helen Vogt Greene

The City of Lake Worth and its' Historical Museum owes a great debt of gratitude to our Finnish community for their continued support and contributions. As a community, we enjoy celebrating the Midnight Sun Finnish Festival held on the weekend of March 8. All the sights, games, smells and spirit serves to strengthen the binding cords of friendship.

There appears to be a new computerized interest in documenting and connecting the histories and stories of these special people. Not only the Lake Worth/Lantana Finnish communities, but a nationwide search for the hidden and yet undiscovered family histories.

Although records indicate that the Finnish people began arriving in Lake Worth in the late 1930's, there were many that arrived in the U.S.A. and were naturalized in the 1800's. They settled generally in the states of Michigan, Minnesota, South Dakota and Wisconsin. Today, Florida ranks fourth with a Finnish population. There is no surprise that this number doubles during the winter months.

The warm weather and mild winters of Florida have been the beckoning call to those seeking a new way of life. The convenience of air-travel provide more direct flights from Finland.

Because of the language barrier, which is not the case today, many enjoyed bringing friends and other family members to 'follow the sun.' The majority remain bilingual. Because their language, while unlike any other Teutonic tongue, has no common root with any other language, learning English is difficult to learn.

There is an appreciation to all the Finnish organizations for continuing to promote friendship and acceptance to the American customs and traditions. For the first time, the Museum

enjoyed meeting Barry Heiniluoma, President Pro Tem of the Finnish Heritage Society of South Florida. Lake Worth joins in honoring the late Beatrice Haapanen, Past President, for her continued dedication and work within the Finnish community.

Retracing the early Finnish families should and will be left to the 'experts' - those who know and have lived in our Lake Worth/Lantana Finnish communities. But, right or wrong, with additions and corrections always welcomed, there are names that continue to deserve recognition.

The Historical Museum of Lake Worth thanks the Finnish people for the donated display housed at 414 Lake Avenue. It continues to look to the work and contributions of Lake Worth graduate, William R. Copeland. His *Who are the Finns? An Essay about a Peripheral People* remain our best early history of Finland, a country he calls homes.

Other early names that are called to mind are Ella Marie Lehto. In the early 1940's, her husband came as a realtor. Lehto is credited with compiling, before computers, a Finnish telephone directory containing thousands of names.

Builder, Alfred Tohkane arrived in 1946 and left his mark on the area called Pine Ridge or Manty Harju. His daughter, Reino Aho, knew that the family had found paradise. The Tahkanen's were one of the first to build a separate sauna bathhouse in our area. The saunas were and are a way of life.

Thor Soderholm came from Brooklyn, N.Y. to stay in 1952. He helped organize the American-Scandinavian Club. Soderholm's contribution to the Lake Worth Salvation Army Corps helped build the new center on Kirk Road. He will always be remembered for his generous spirit.

Mr. and Mrs. Oscar Sorsa's came as guests of Mr. and Mrs. Oscar

Suwanen in 1945. Sorsa, during WW II was the Assistant Engineer Superintendent for the Grumman Airplane Company. With 3,500+ employees, they built wings for the Navy aircraft.

Those that were able to escape Finland during the WW II remain thankful to the USA for providing the Finnish people with a new home. Today, they return to Finland to reconnect with their families.

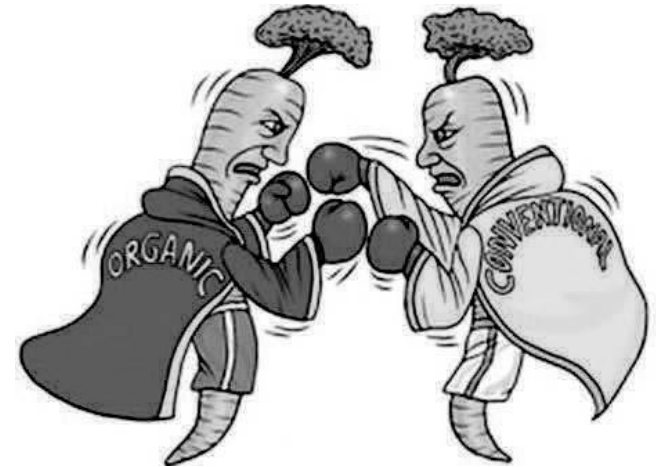
Most of the Finnish organizations have lengthy lists of those who have worked and continue to

work to keep their culture alive. Their contributions to the American-Finnish Rest Home, the Finlandia Foundation, Midnight Sun Finnish Festival and their social organizations working together, keep the Finnish culture fresh in the minds of the second and third generations.

To our Finnish community, we take pride that you have found a 'forever home' in the Lake Worth/Lantana area. May the fair, warm winds of understanding continue to bring us ever closer as a people with a common dream.



Organic vs Conventional growing! It used to be that when our grandparents used to grow food, it was called farming. I remember my father getting the horse manure from my sister's horse and plowing it into the garden. It was gardening. Then came the fertilizer. A little bit of fertilizer around each plant helped feed it so it would produce a healthy plant.



Conventional by definition: based on or in accordance with what is generally done or believed.

Organic by definition: relating to or derived from living matter.

So now we have some word play going on. It is possible to have a Conventional Organic garden. The USDA has strict standards that must be kept to be certified organic... AND it's not just using natural products. Substances such as strychnine and arsenic are examples of natural toxic substances that are prohibited in organic production. The research to find what synthetics can be used is difficult. Here is the USDA guide information: §205.601 Synthetic substances allowed for use in organic crop production. The wild part I find is that the pesticides that organic farming uses can't have pesticides that cause cancer... the "conventional" farming can and does use it.

In today's life, most things aren't made to last longer, they're made to breakdown so they can sell more. It's not a situation of whether you buy conventional or organic. It's a matter of growing your own so you know what's in your food.

Happy Pride Week! Join us at the parade on Sunday morning 9:30am. We'll be rolling the world down the street!
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B-I-N-G-O every Saturday in the BINGO lobby. 6-8:30pm. Call for more info: 561.246.0148.

Jackpots are **\$200 for Cover-All** within designated calls AND **Progressive Lucky Ball** is over **\$100**
Jean recently won \$107 on the Progressive Lucky Ball! There are winners every week!

We are open most days at the garden. 9am-5pm * call to confirm: 561.246.0148

Stay up to date on our website: www.GrayMockingbird.org and our fanpage: www.facebook.com/GrayMockingbird. Special thanks to the Scottish Rite. Saturday's are always work days! Volunteers are always welcome and appreciated!

Plants are our other children, treat them kindly so that when they grow up, they'll take care of you!



Gray Mockingbird, Inc. Community Garden

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